

## Sozein Quiet Days

All these are new talks, which will be led by the Revd Neil Broadbent, unless otherwise indicated. Enjoy the peace and quiet of the countryside and relax in our various delightful Gardens. A Donation is requested, suggested minimum is £15. Please ring the number below to attend.

<b>God's Love for Us in William Law's Understanding</b>	Mon Feb 5 <sup>th</sup>	Revd Neil Broadbent
<b>The Art of Mindful Gardening</b>	Wed April 3 <sup>rd</sup>	Revd Rosemary Drew
<b>Praying with the Heart.</b> <small>This day actively involves prayer partners.</small>	Mon July 8 <sup>th</sup>	Revd Michael Huggett
<b>The Ministry of Angels</b>	Mon Sept 23 <sup>rd</sup>	Revd Neil Broadbent
<b>Simon and Jude, Apostles</b>	Mon Oct 28 <sup>th</sup>	Revd Christine French
<b>Healing in St Matthew's Gospel</b>	Mon Dec 2 <sup>nd</sup>	Revd Neil Broadbent

### MORNING

9.45 Arrival  
10.00 First Talk (in the library)  
Silence  
11.00 Coffee in silence  
12.00 Eucharist (prayer room)  
12.30 Bring a packed lunch, drinks are provided

### AFTERNOON

1.30 Second Talk (in the library)  
Silence  
3.30 Responses & resources  
3.40 Tea  
4.00 Depart

Tel: 01332 780598 to reserve a place. Bring a packed lunch. The Trustees ask that all donations be paid on booking. Thanks for cooperating. Concessions are available.

**Our salvation consists wholly in being saved from ourselves.** *The Revd William Law*

## Contemplative Prayer meetings

The Sozein Prayer Fellowship meets for an hour of contemplative prayer at 11a.m. on Mondays Jan 15<sup>th</sup>, Mar 18<sup>th</sup>, May 13<sup>th</sup>, July 22<sup>nd</sup>, Sept 16<sup>th</sup>, Nov 18<sup>th</sup>.

Please ring Barbara if you are interested on 01332 780598.

### Why the need for silence?

Silence can seem threatening at first. Yet silence is the country where the saints learned their language. If you find the silence strange, just sit quietly with it and you will find it changes and becomes warm, friendly and invigorating. Silence creates space. At first, we think it empty space but then we begin to find God in the space. We find that, as the noise settles we can hear ourselves think. We can listen to the words that come from our own hearts, the anxieties that we have been avoiding, the questions that we need to ask. We find we can read scripture, or a devotional book and discover in it new depths of meaning. Everything begins to speak of God. Accept the silence as a friend and after a short time you will be reluctant to let it go.

“All human evil comes from a single cause, man's inability to sit still in a room.”

Blaise Pascal (Mathematician, Philosopher and Physicist, 1623-1662)

Neil's publications are available for downloading from [www.sozein.org.uk](http://www.sozein.org.uk)

If you are looking for a confidential chat on how to live your spiritual journey or other religious or spiritual concerns, why not ring Sozein?

If you change your e-mail address or other contact details, please tell us.

God is love, yea all love; and so all love that nothing but love can come from him. *William Law*